



Thai Massage, Reiki & More

**187 Joe Chamberlain Road
Cherry Valley, NY 13320**

SUMMER SCHEDULE

2014

1 Hour Breema \$40.00

1 Hour Thai Yoga Massage \$40.00

***75 Minute Thai Yoga Massage
with Reiki Boose \$60.00***



30 Minute Reiki Session \$30.00

1 Hour Reiki Session \$50.00



***\$100.00 for 10 class passes
Expires in 3 months***

\$12 Walk In



We accept donations for classes

\$5 Donation Classes - \$50 for 10 Classes



607-264-8327

**GIFT CERTIFICATES AVAILABLE
FITTOBETIEDYOGA.COM**

Fit To Be Tied Yoga Schedule

**187 Joe Chamberlain Road
Cherry Valley, NY 13320
Summer 2014**

Phone: 607-264-8327

Day/Time	Class	Teacher
Tuesday		
10:30 - 11:45 am	Gentle Yoga with Meditation	Bonnie/Jack
6:30 - 7:30 pm	Gentle Yoga with Meditation	Bonnie/Jack
Thursday		
10:30 - 11:45 am	Gentle Yoga with Meditation	Bonnie/Jack
6:30 - 7:30 pm	Gentle Yoga with Meditation	Bonnie/Jack
Saturday and Sunday		
Aerial and Yoga Classes by Appointment		

*** \$5 / Donation Passes** are good for all classes

*All Aerial classes \$15
Please call for an appointment
Cranio Sacral Therapy • Reiki & Thai
By Appointment*

***Call for Class Cancellations*
607-264-8327**
