

Cobleskill Fit To Be Tied Yoga



Fit To Be Tied Yoga Cobleskill 2023 Winter Schedule

SUNDAY

9am to 10:30am

Ashtanga

MONDAY

Classes by appointment

TUESDAY

By appointment

WEDNESDAY

6:15pm to 7:30pm

Ashtanga

THURSDAY

6:30pm to 7:30pm

Mixed Styles

FRIDAY

By appointment

Fees

\$60/Private Session (Walk-in) - \$200/5 Privates
(bundle) expires in 6 weeks

We accept

Cashapp/Venmo/Check & Cash
No Credit Cards Please

Membership Rate - \$120/10 Classes (expires in 6 weeks)

Group Class Walk-In Price -\$20.00
Bundled Group Rate \$100/6 classes
Expires in 8 Weeks

578 Main St.
Cobleskill, NY
(607) 282 - 6365

One Path Many Teachers

Winter Season 2023

Thai Massage
75 Minutes \$90

Reiki Session
1 Hour \$60

Cranio Sacral
1 Hour \$60

Yoga Personal Training
1 Hour \$60

Prepaid Bundle \$200 / 5 Classes
Expires in 6 Weeks

Find us on Facebook at Fit To Be Tied Yoga
& at www.fittobetiedyoga.com
or email at bearinmax@gmail.com
for promotions, class descriptions and more

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